

EVOVE FITNESS KURSPLAN



WWW.EVOVE-YOU.DE

TEL.: +49 151 640 72 188

KURSE FINDEN AB DREI TEILNEHMERN STATT.

MO	DI	MI	DO	FR
9:00 - 10:00 HOT PILATES	9:00 - 10:00 HOT PILATES	9:00 - 10:00 HOT PILATES		9:00 - 10:00 HOT PILATES
		10:00 - 11:30 BABY & MAMI YOGA		
14:00 - 15:00 ☺ AERIAL SLING KIDS	14:00 - 15:00 YOGA KIDS ☺			14:00 - 15:00 ☺ AERIAL SLING KIDS
15:00 - 17:00 ☺ AERIAL SLING KIDS	15:00 - 16:00 YOGA KIDS ☺	15:00 - 16:00 YOGA KIDS ☺	15:00 - 16:00 ☺ AERIAL SLING KIDS	15:00 - 17:00 ☺ AERIAL SLING KIDS
	16:00 - 18:00 ☺ AERIAL SLING KIDS	16:00 - 17:00 YOGA KIDS ☺	16:00 - 17:00 ☺ AERIAL SLING KIDS	
17:00 - 18:00 VINYASA FLOW		17:00 - 18:00 FUSION	17:00 - 18:00 HOT PILATES	17:00 - 18:00 HOT PILATES
18:00 - 19:00 HOT PILATES	18:00 - 19:00 ☺ AERIAL HOOP KIDS	18:00 - 19:00 YIN YOGA	18:00 - 19:00 HOT PILATES	
19:00 - 20:00 HOT PILATES	19:00 - 20:00 HOT PILATES	19:00 - 20:00 HOT PILATES	19:00 - 20:00 HOT PILATES	
		20:00 - 21:00 POWER YOGA		

TEILNEHMERZAHL YIN YOGA, VINYASA FLOW: MAX. 10 PERS. • POWER YOGA, FUSION: MAX. 11 PERS. • HOT PILATES: MAX. 13 PERS.